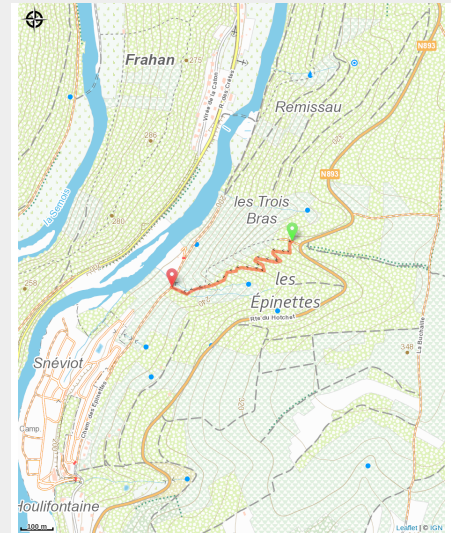


"La Noueuse" : downhill mountain bike track in Rochehaut



(MTBA)



Useful information

Practice : Mountain bike

Duration : 10 min

Length : 0.6 km

Difficulty : Medium

Type : Linear

Trek

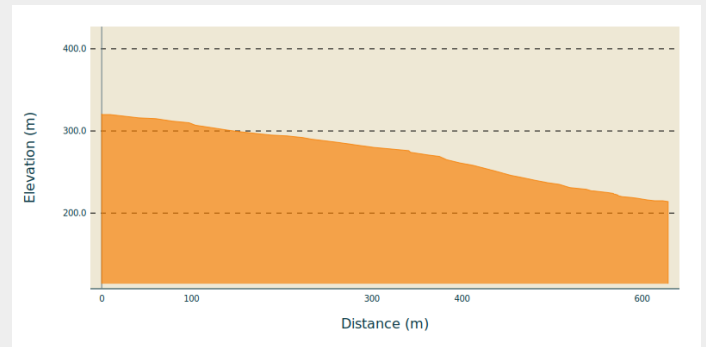
Departure : Route du Hotchet, 6830 - Poupehan

Arrival : Route du Hotchet, 6830 - Poupehan

Markings : 🏠 N3-EN (Enduro) - Intermediate

Cities : 1. Bouillon

Altimetric profile



Min elevation 214 m Max elevation 321 m

Downhill mountain bike trail accessible to a more experienced public; requiring technique and specific riding equipment.

Difficulty: blue: level: easy, intermediate.

The "Noueuse" trail, located between the village of Poupehan (to the south) and the villages of Rochehaut and Frahan (to the north) is particularly recommended for beginners in this discipline.

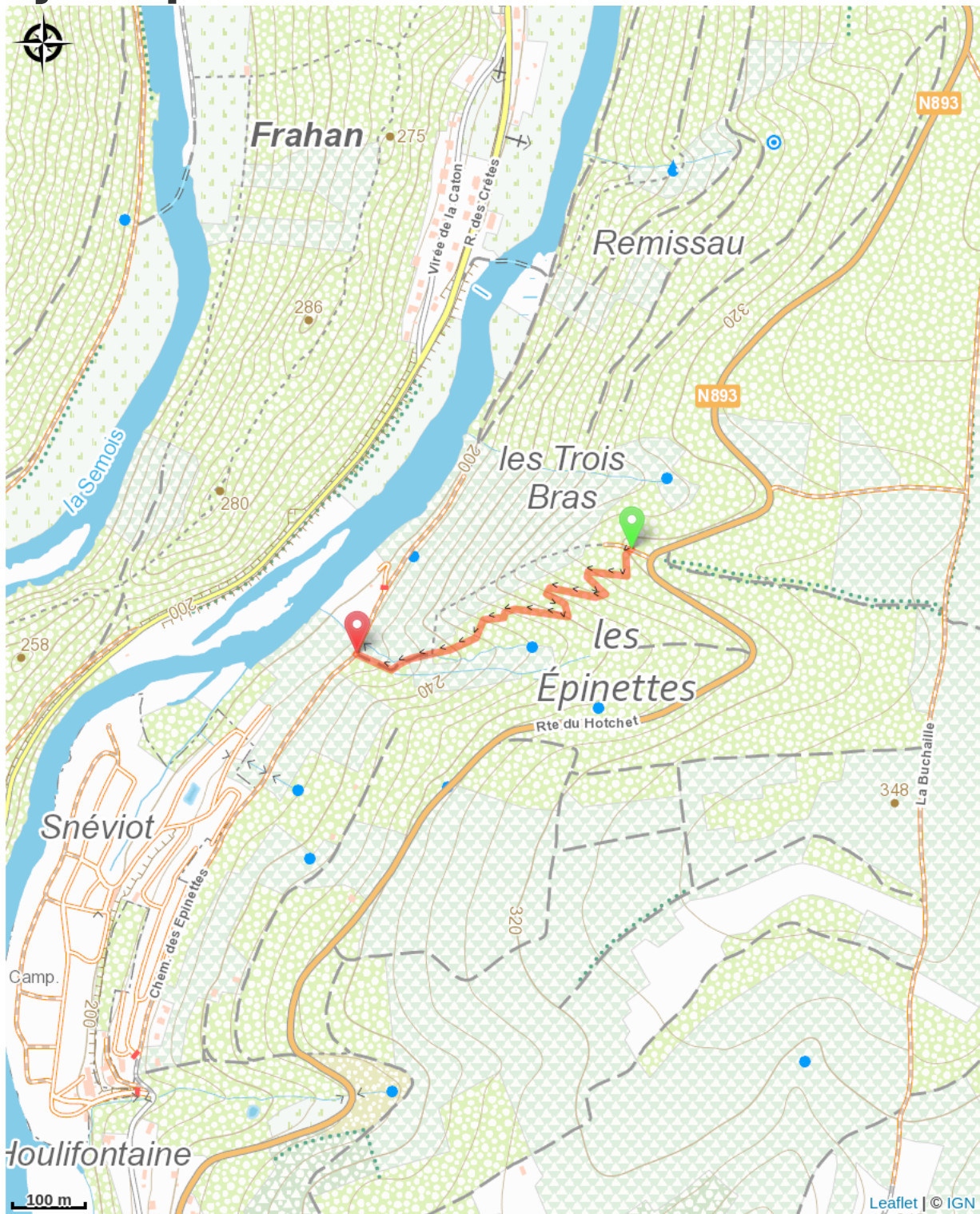
It starts on the Route du Hotchet or la Buchaille coming from Poupehan and via the Rue de Nazareth (N893) or via the Chemin des Falloises, coming from Rochehaut.

It runs for 600 m downhill through the "Trois Bras" and "Epinettes" forests. This forest is made up of deciduous and coniferous stands.

At the finish point, bikers land on the Chemin des Epinettes facing the wild Semois.

Translated with www.DeepL.com/Translator (free version)

On your path...



All useful information

Environmental sensitive areas

Along your trek, you will go through sensitive areas related to the presence of a specific species or environment. In these areas, an appropriate behaviour allows to contribute to their preservation. For detailed information, specific forms are accessible for each area.

Bassin de la Semois de Bouillon à Alle

Sensitivity period:

Contact:

[Biodiversité Wallonie](#)

